## L|E|C|O|M

# PRIMARY CARE CONFERENCE 2023

### Peek'n Peak Resort - Clymer, NY March 2-5, 2023

Presented By



LAKE ERIE COLLEGE OF OSTEOPATHIC MEDICINE





#### Welcome to LECOM Primary Care 2023

Your LECOM Primary Care 2023 packet includes:

- Name Badge (please wear at all times during the conference)
- CME Requirements.....Page 04
- Online Conference Evaluation Form Information.....Page 08
- Schedule.....Page 09-12
- Speaker Biographies.....Page 14-15

#### **General Information**

**Breakfast and Lunch:** Breakfast will be served each morning at 7:30 a.m. after registration opens. Lunch will be served March 2-4 at 12:15 p.m. Breakfast and lunch are available only to registered conference attendees.

WiFi: High-speed WiFi is available by connecting to the hotel network.

**Program Materials:** Full presentation materials, evaluation forms and an electronic copy of this program are available by logging into **cme.lecom.edu** and clicking on the conference resources button.

#### **Exhibits**

Exhibits are open on Friday, March 3 from 9:30 a.m. to 5:00 p.m. and are located in the Gallery adjacent to the Pub and Royal Court Dining Room on the first floor.

#### Family Carnival presented by Vantage

Bring your family to the Family Carnival presented by Vantage on Saturday at 7:00 p.m. in the Play Room for an evening of magic with a performance by master magician Jamie Petrush at 7:45 p.m. We'll be serving pizza, sliders, and cookies.

#### Help Educate the Next Generation of Physicians

Physicians throughout the country are helping train LECOM medical students to become skilled and compassionate physicians. The LECOM Clinical Education Department is eager to establish long-term relationships with physicians willing to convey professional knowledge and provide quality mentoring for student physicians. The need for onsite clinical rotations grows each year as new colleges of osteopathic medicine open and more students enroll in medical school. To sign up as an adjunct faculty member, contact Jennifer Murphy at (814) 860-5133 or jennifer.murphy@lecom.edu.

#### **LECOM CME Committee**

We hope you enjoy the conference. Should you need any assistance, please stop by the registration desk and a LECOM staff member will be happy to assist you.

- Matt Bresee, Vice President of Marketing, Communications and Organizational Culture
- Monsignor David Rubino, Ph.D., Vice President of External Affairs
- Christopher Nick, Communications & Marketing Specialist- Registration Concierge
- Collin Potter, IT Technician



REGISTRATION OPENS APRIL 15TH CME.LECOM.EDU







The American Osteopathic Association CCME has approved this program for 28 credit hours in Category 1-A.



This live activity, LECOM Primary Care 2023 CME Conference, with a beginning date of March 2, 2023, has been submitted for up to 28 credit(s) to the American Academy of Family Physicians. Determination of credits is pending. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **CME Credit Reporting Requirements**

The AOA CCME requires that each physician certify or attest to the number of hours attended during a CME program.

To receive CME credit and your certificate of completion, you must complete the following steps:

- Sign the attendance sheet at the registration table once a day for the duration of the conference. For
  osteopathic physicians, please make sure your AOA number is listed correctly to ensure you receive your
  credits. LECOM submits osteopathic credits directly to the AOA CCME.
- 2. Fill out the conference and speaker evaluation forms on **cme.lecom.edu** with the following information:
  - The amount of lecture hours you attended
  - Your name and your AOA number

Once you submit your evaluation form, you will be sent an electronic copy of your certificate within 30 days. This form will not be available to fill out until Sunday, March 5 at 8:00 a.m. If you are not staying for the entire conference, please speak with a staff member at the registration table. See page 8 for more details.

You will receive CME credits only for the lecture hours that you attend and certify/attest to on the evaluation form. The AOA is currently in the CME cycle for 2023-2024.

#### **Primary Care 2023 Objectives**

Primary Care 2023 will focus on health problems commonly seen in the offices of primary care physicians. The objective of this three-day seminar is to provide participating physicians with information about new medical advancements in order to increase the scope of treatment options available to primary care physicians and to enhance physicians' existing knowledge of topics that will be covered. Following this program, participating physicians should be able to apply this new medical information in diagnosis and treatment, thus improving patient care.

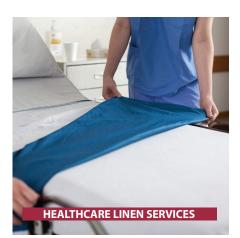
#### **Educational Policy**

LECOM sponsors this program for educational purposes only. The material presented is not intended to represent the only methods appropriate for the medical situations discussed, but rather is intended to present the opinions of the authors and presenters that may be helpful to other practitioners. Attendees participating in this medical education program sponsored by LECOM do so with full knowledge that they waive any claim they may have against LECOM for reliance on any information presented during these educational activities. Each physician in attendance at LECOM meetings is free to discuss the issues openly with lecturers and with the LECOM Continuing Medical Education coordinator and program director. Any conclusion or decision reached based on issues discussed must be an educational or business decision made by each physician independently and based solely on what is in the best interests of that physician and his or her patients. In conducting education and information programs for its affiliates, LECOM does not recommend nor necessarily enforce any particular course of conduct.











Established in 1985, Vantage is a partnership among non-profit community hospitals and a medical school. Its mission is to develop partnership services that are formally structured with the commitment to share risk and revenue. Developed partnerships meet the needs of the initiating organization to form a for-profit company to offer the service to the general marketplace. The Vantage goal is to create savings and increase shareholder value. In July 2002, Vantage combined several of its companies into the Vantage Holding Company, LLC.

### Vantage is pleased to offer services & opportunities that have solid value!

The Vantage Business Model is partnering with healthcare organizations to capture profits from services currently being outsourced. Consultation services, joint venture management of companies, group purchasing, marketing assistance, financial anaylsis, business development and feasibility planning are key processes designed to implement the Vantage model.













### The 46<sup>th</sup> Annual LECOM Primary Care Conference

### Family Carnival Saturday, March 4 from 7-9 p.m.

Join us in the Play Room for an evening of magic with a performance by master magician Jamie Petrush at 7:45pm. We'll be serving pizza, sliders, and cookies.







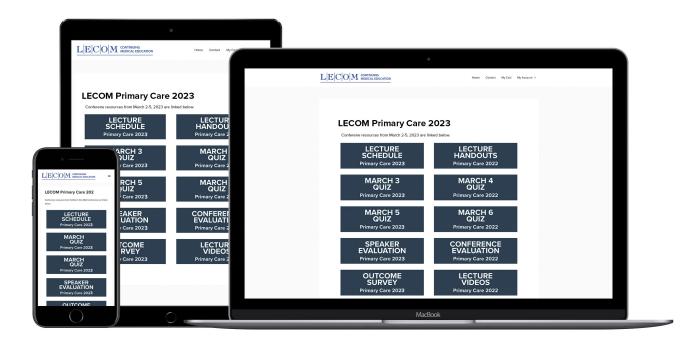
#### Primary Care 2023 Exhibitors

Abbott Structural Heart - Drew Hayden - drew.hayden@abbott.com Abbott Vascular - Tim Swiatek - timothy.swiatek@abbott.com AngioDynamics - Mary Beatty - joanna.herrick@angiodynamics.com Associated Clinical Laboratories - Pamela McDonald - pamela.a.mcdonald@guestdiagnostics.com AstraZeneca - Sharin Norris - sharin.norris1@astrazeneca.com Blackburns - Karen Mazzone - karen.mazzone@blackburnsmed.com Boehringer-Ingelheim - Lisa Bernardi - lisa.berdnardi@boehringer-ingleheim.com Boston Scientific - John Beatty - john.beatty@bsci.com Bristol Myers Squibb - Cynthia Hall - cynthia.hall@bms.com **CeQur Simplicity** - Bruce Bailey - bruce.bailey@cequr.com Exact Sciences - Don Patsy - dpatsy@exactsciences.com First National Bank - Robin Dever-Liberatore - deverliberatore@fnb-corp.com Gore & Associates - Chuck Immordino - cimmordino@wlgore.com Inari Medical - Stephanie Spore - stephanie.spore@inarimedical.com Invitalize - Denis Gendron - denisjgendron@invitalize.com Janssen - Jennifer Martin - jameno@its.jnj.com Jardiance - Nacole Benson - benson\_nacole@lilly.com **KeyBank** - Evan Estep - evan\_m\_estep@keybank.com **LECOM Health** - Melissa Dixon - mdixon@corryhospital.com LECOM HR - Wendy Grafius - wgrafius@lecom.edu Lilly Diabetes - Amy Gusek - gusek\_amy\_e@lilly.com Medline - Stephanie Gottschalk - sgottschalk@medline.com Medtronic Coronary - Thomas Petti - thomas.petti@medtronic.com Novartis - Russ Goodman - russ.goodman@novartis.com Novo Nordisk - Darin Henry - drhe@novonordisk.com Novo Nordisk- Obesity - Brenda Howarth - bhw@novonordisk.com Otsuka Pharmaceutical - Becky Wong - becky.wong@otsuka-us.com Pfizer - John McMahan - john.mcmahan@pfizer.com **Shockwave Medical** - Paul Soisson - psoisson@shockwavemedical.com Teva Pharmaceuticals - Jim Januck - james.januck@tevapharm.com Union Orthotics & Prosthetics - Joseph Carter - jcarter@unionoandp.com Vantage - Ken Johnston - kenj@vhcn.com

Thank you to all of our exhibitors for taking part in the 2023 Spring CME Conference!

#### **Register for a Chance to Win One of Seven Prizes!**

Visit the exhibitors supporting our event on Friday and have them initial by their company name on the card provided at registration. Turn in your completed card with all vendors initials Friday afternoon at the registration desk. On Sunday, we will draw 7 winners to each win a prize - including several \$100 gift cards! Must be present to win.



### **Online Conference Forms**

To make reporting credits and distributing CME certificates easier, our conference and speaker evaluation forms are available online. Paper copies of the forms are no longer included in your program book. Links for these forms can be found after logging into your account at **cme.lecom.edu** and clicking on Conference Resources. These forms can be accessed through any laptop, tablet or mobile device.

To receive proper credit for attending the conference, all attendees must fill out the online forms in order to issue a certificate and to properly report credit hours for osteopathic physicians to the AOA. The AOA CCME requires that each physician attest to the number of hours attended during a CME program.

To receive CME credit and your certificate of completion, you must complete the following steps:

- Sign the attendance sheet at the registration table once a day for the duration of the conference. For
  osteopathic physicians, please make sure your AOA number is listed correctly to ensure you receive your
  credits. LECOM submits osteopathic credits directly to the AOA CCME.
- 2. Fill out the conference and speaker evaluation forms on **cme.lecom.edu** with the following information:
  - The amount of lecture hours you attended
  - Your name and your AOA number

Once you submit your evaluation form, you will be sent an electronic copy of that form for your records. After your form is verified, your certificate will then be automatically emailed to you at the address you provided. Paper certificates will not be distributed. **Please note the conference evaluation form will not be available to fill out until Sunday, March 5 at 8:00 a.m.** The speaker evaluation form will be available for the duration of the conference.

If you are not staying for the entire conference, please speak with a staff member at the registration table.

You will receive CME credits only for the lecture hours that you attend and certify/attest to on the evaluation.



#### Thursday, March 2, 2023 - 7:30 a.m. to 5:30 p.m.

7:30 a.m.	Webinar Begins/Registration Opens
8:00 a.m.	Venous Disease in the Elderly – James Lin, D.O.
9:00 a.m.	Age Friendly Approach to Memory Care – Seth Carter, D.O.
10:00 a.m.	Break
10:15 a.m.	Memory Assessment in the 21st Century – James Lin, D.O.
11:15 a.m.	Telehealth and the Technology Dilemma** – Seth Carter, D.O.
12:15 p.m.	Lunch – Cambridge Room Taco Bar
1:15 p.m.	Psychiatric Symptoms Following a Stroke – Belinda Stillman, D.O.
2:15 p.m.	Impact of Cognitive & Behavioral Impairments on Physical Health – Danielle Hansen, D.O.
3:15 p.m.	Break
3:30 p.m.	Conduct Disorder – David Figueroa, D.O.
4:30 p.m.	Deprescribing Psychotropic Medications in Older Adults – Belinda Stillman, D.O. & Ashley King, Pharm. D.
5:30 p.m.	Adjourn





#### Friday, March 3, 2023 - 7:30 a.m. to 6:00 p.m.

7:30 a.m.	Webinar Begins/Registration Opens
8:00 a.m.	Office Orthopedics - an Update – Anthony Ferretti, D.O.
9:00 a.m.	Celiac Disease – Brian Viviano, D.O.
10:00 a.m.	Break/Exhibits
10:30 a.m.	Cardiovascular Disease Prevention: Providing Sound Advice to Patients – Carmine D'Amico, D.O.
11:30 a.m.	Updates on Prostate Cancer Diagnosis and Treatment – Lori Dulabon, D.O.
12:30 p.m.	Lunch – Cambridge Room Italian Buffet
1:30 p.m.	Review of New Agents in Weight Loss – Fernando Melaragno, D.O.
2:30 p.m.	Healthcare Employers Liability & Ensuring Safe Work Conditions** – Richard Ferretti, Esq.; Aaron Susmarski, Esq.
3:30 p.m.	Break/Exhibits
4:00 p.m.	Cardiology in the Community – Casey Becker, M.D.
5:00 p.m.	Oral Health: a Primary Care Approach to Oral Disease, Prevention & Wellness – Susan Calderbank, D.M.D.
6:00 p.m.	Adjourn





#### Saturday, March 4, 2022 - 7:30 a.m. to 5:30 p.m.

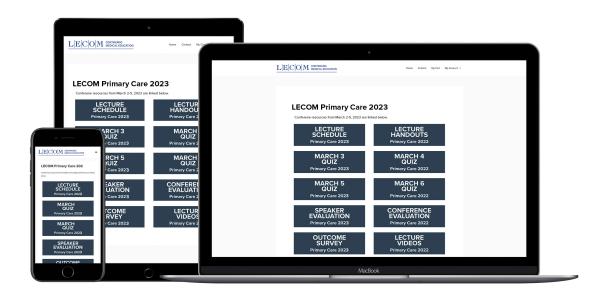
7:30 a.m.	Webinar Begins/Registration Opens
8:00 a.m.	Winter Sports & Recreation (Injury Protection) – Christopher Rial, D.O.
9:00 a.m.	Cataracts: Signs, Symptoms, and Treatments – E. Matthew Zimm, D.O.
10:00 a.m.	Break
10:15 a.m.	Part 1: Mandated Reporting: Knowing Your Role in the Protection of Children* – Amy Blackman, Crime Victim Center of Erie
11:15 a.m.	Part 2: Mandated Reporting: Knowing Your Role in the Protection of Children* – Amy Blackman, Crime Victim Center of Erie
12:15 p.m.	Lunch – Bistro, First Floor Chuck Wagon BBQ
1:15 p.m.	Lung Cancer Overview for the Primary Care Physician – Rachel Rosenblum, M.D.
2:15 p.m.	Fighting Cancer in the Clinic & the Gym – Colin Champ, M.D.
3:15 p.m.	Break
3:30 p.m.	Innovations in Surgical Cancer Care – David Bartlett, M.D.
4:30 p.m.	Hypercalcemia on Lab Reports, What Next? – Nicole Temofonte, D.O.
5:30 p.m.	Adjourn
7:00 p.m.	<b>Family Carinval Sponsored by Vantage</b> Join us in the Play Room for Pizza, Sliders, & Cookies



#### Sunday, March 5, 2023 7:30 a.m. to 12:15 a.m.

7:30 a.m.	Webinar Begins/Registration Opens
8:00 a.m.	HIPAA: Data Breach Protocols** – Richard Ferretti, Esq.; Aaron Susmarski, Esq.
9:00 a.m.	OMM & Applications to Neurological Disease – Ryan Lynch, D.O.
10:00 a.m.	Break
10:15 a.m.	Dual Pathway Inhibition in the Management of Stable Coronary and Peripheral Artery Disease – Casey Becker, M.D.
11:15 a.m.	First Ray Pathology: Deformities of the First Ray Metatarsal – Jason Lee, D.P.M.
12:15 p.m.	Adjourn

## Remember to complete your quizzes and fill out the conference and speaker evaluation forms at **cme.lecom.edu**.



### Join the **LECOM Family of Physicians** Treating Erie's Families

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#### **Moderator**

Monsignor David A. Rubino, Ph.D., Vice President of external affairs at LECOM.

#### **Conference Faculty**

**David Bartlett, M.D.,** is the Chair of the Allegheny Health Network Cancer Institute and a Professor of Surgery at Drexel University.

Casey Becker, M.D., is an Interventional Cardiologist at Memorial Health System in Springfield, Illinois.

Amy Blackman, is the Co-Assistant Director, Director of Prevention Education at Crime Victims Center Erie.

**Susan Calderbank, D.M.D.,** is the Director of Patient Care at LECOM School of Dentistry. For 13 years, Dr. Calderbank served on the Pennsylvania State Dental Board and was the first woman to ever chair the Board.

**Seth Carter, D.O.,** is a 2016 graduate of LECOM and is a geriatric and family medicine physician and the Assistant Director of the LECOM geriatric medicine clerkship.

**Colin Champ, M.D.,** is the Chief of Allegheny Health Network Radiation Oncology, an Associate Professor at Drexel University, Allegheny Health Network Breast Cancer Lead for Radiation Oncology and Director at Allegheny Health Network Cancer Institute Exercise Oncology and Resiliency Center.

**Carmine D'Amico, D.O.,** is a Clinical Professor of Internal Medicine and Cardiology at LECOM. His training includes non-invasive/nuclear cardiology and invasive/interventional cardiology.

Lori Dulabon, D.O., is a 2005 graduate of LECOM and is a board-certified Urologist with Medical Associates of Erie.

**Anthony Ferretti, D.O.,** is board certified in orthopedic surgery and is a Clinical Professor of Orthopedic Surgery at LECOM.

**Richard Ferretti, J.D.,** is the Director of Risk Management and Corporate Compliance at LECOM. He specializes in the areas of labor and employment law.

**David Figueroa, D.O.,** David specializes in Child/Adolescent Psychiatry at LECOM Institute of Behavioral Health and provides compassionate psychiatric assessments and medication management services.

**Danielle Hansen, D.O.,** is a 2005 graduate from LECOM and is board certified by the American College of Osteopathic Internists. She's a specialist in internal medicine and geriatrics with the LECOM Institute for Successful Aging and Medical Associates of Erie. She is also the Vice President of Acute Care, Behavioral Health and Quality at Millcreek Community Hospital.

Ashley King, is a 2014 graduate of LECOM and is board certified in Geriatric Pharmacothereapy.

**Jason Lee D.P.M.**, is a 2012 graduate of LECOM and a Podiatrist specializing in ankle and foot surgery. He is the Director of Podiatric Surgery and Head of the Podiatry department at Millcreek Community Hospital, and serves as the first Dean of the new School of Podiatric Medicine at LECOM.





**James Y. Lin, D.O.,** is a 2002 graduate of LECOM and a Clinical Professor of Geriatric Medicine at LECOM. He is board certified in internal medicine and geriatrics. He is currently the President of the LECOM Institute for Successful Aging.

Ryan Lynch, D.O., is a 2003 graduate of LECOM and a Neurologist with the LECOM Institute for Successful Aging.

Fernando Melaragno, D.O., is a 2007 graduate of LECOM and an Endocrinologist with LECOM Health.

**Christopher Rial, D.O.,** is a 2010 graduate of LECOM and a Sports Medicine Specialist. Dr. Rial is affiliated with many hospitals including Meadville Medical Center, Millcreek Community Hospital, LECOM Health, and Corry Memorial Hospital.

**Rachel Rosenblum, M.D.,** is an Allegheny Health Network Cancer Institute Medical Oncologist who specializes in lung cancers treatments.

**Belinda Stillman, D.O.,** is a 2003 graduate of LECOM and an Adjunct Clinical Assistant Professor. She is a board certified psychiatrist with the LECOM Institute for Behavioral Health.

**Aaron Susmarski, J.D.,** is the Institutional Director of Human Resources, Institutional EEO Coordinator, and Institutional Title IX Coordinator for LECOM.

**Nicole Temofonte, D.O.** is a 2001 graduate of LECOM, and an Assistant Professor in Internal Medicine and the Course Director for history and physical examination at the LECOM at Seton Hill campus. She is board certified in Internal Medicine and Endocrinology, Diabetes and Metabolism.

**Brian Viviano, D.O.,** is a 2012 graduate of LECOM and a Clinical Assistant Professor for LECOM. He is currently a Gastroenterologist with LECOM Health.

**E. Matthew Zimm, D.O.,** is a 2002 graduate of LECOM and board-certified Eye Physician and Surgeon of both traditional and blade-free laser-assisted cataract surgery.

#### **Conflict of Interest**

All faculty members participating in continuing medical education programs sponsored by LECOM are expected to disclose to the audience any real or apparent conflicts of interest related to the content of their presentations.

• There are no conflicts to report

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#### **LECOM School of Health Services Administration Teaching the Business of Healthcare**

LECOM is proud to offer five distance education programs specially designed for busy working professionals seeking to advance their formal education on-line. These next generation healthcare administration graduate degree programs include: Masters in Health Services Administration (MHSA), Master of Science in Biomedical Ethics (MSBE), Master of Science in Medical Cannabinoid Therapeutics (MS MCT), Masters in Public Health (MPH), and Doctor of Healthcare Administration (DHA).

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### LECOM Student Scholarship Fund Esther J. Fucci Art Lottery

### Enter For A Chance To Win Original Artwork By Local Artist Esther J. Fucci

#### Drawing will take place March 31, 2023 \$5.00 per ticket Contact Mary Eckert at (814) 868-8287 for tickets.

Proceeds benefit the LECOM Student Scholarship Fund.

#### **Conference Notes**

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